

## Duty Hours Brief

Rule	Standard	Standard Details*
Maximum Hours of Work per Week	80 hours	Limited to 80 hrs per week, averaged over a four-week period (block), inclusive of in-house call and moonlighting
Duty Hours Exceptions	Not without prior approval	A Review Committee may grant exceptions for up to 10% (88 hrs) to individual programs based on sound educational rationale. A request must be approved by GMEC, DIO, and ACGME.
Moonlighting	Counts towards 80 hours weekly max	Must not interfere with resident's ability to achieve goals and objectives of program. Counts towards Maximum Weekly Hourly Limit Allowed for PGY-2 and PGY-3' only.
Mandatory Time Free of Duty	1 day per week	One day free per week (averaged over four weeks). No at-home call may be included on free days.
Maximum Duty Period Length	PGY-1: 16 hours PGY-2 & PGY-3: Max of 24 hours in hospital, 4 add'l hours allowed for transitions	PGY-1: 16 hours PGY-2 & PGY-3: Max of 24 hours in hospital, 4 additional hours allowed for transitions in care without additional clinical responsibilities. In unusual circumstances, residents may remain beyond their scheduled period of duty to care for a single patient for continuity of care
Minimum Time Off between Scheduled Duty Periods	10 hours	PGY-1: Should have 10 hours, must have 8 hours PGY-2 & PGY-3: Should have 10 hours, must have 8 hours, must have 14 hours free of duty after 24 hours of in-house duty PGY-3: May have less hours in between duty periods in preparation of unsupervised practice of medicine. 80 hours max weekly hours and one-day-off-in-seven still applies. Program Director must monitor.
Maximum Frequency of In-House Night Float	6x	No more than 6 nights in a row of night float.
Maximum In-House On-Call Frequency	3x	PGY-2 & PGY-3: No more frequently and every 3 <sup>rd</sup> night (when averaged over a four-week period (block)).
At-Home Call	Counts towards 80 hours weekly max	Time spent in the hospital counts towards the 80-hour max weekly hours. Episodes of returning to the hospital to care for new or established patients, do not initiate a new "off-duty period."

\* For further details see ACGME Duty Hours Standards