

**Quarterly Advisor Review (QAR) Meeting
PGY1 Residents: Initial QAR 1 Meeting**

Resident: _____

Date of meeting: _____

Advisor: _____

First QAR Meeting: Intro (~July-September)

Note: You will also meet after each CCC for the Semi-Annual Review; approximately December/January and May/June. You will also have another QAR Meeting before the spring CCC in March/April.

Goal of Meeting: Get to know each other!

Questions for Residents:

- What do you want to get out of residency training?
- Discuss wellness:
 - What support system do you have in Denver?
 - Do you have a PCP established or is this in process?
 - What are you doing for your wellness?
- Are you logging procedures in MedHub and do you know how to do this?
- Do you have ideas for electives? You can have two electives during R2 year.

Suggestions of Items for Advisors to Review:

- Discuss the role of the advisor and advisee.
- Describe the semi-annual review and CCC and the advisor's involvement in this process.
- In-Service Training Examination: All residents take this test each October. It's similar to the ABFM certification examination and gives us an idea of how you will do on the board exam. Residents who perform poorly may need to have a personal study plan.

Please add any comments you would like to share with residency leadership:

Resident signature

Date

Advisor signature

Date

Quarterly Advisor Review (QAR) Meeting
PGY1 Residents: QAR 2 (March/April)

Resident: _____

Date of meeting: _____

Advisor: _____

Spring QAR Meeting (~March-April)

Note: You will also meet after each CCC for the Semi-Annual Review; approximately December/January and May/June.

Review of rotation evaluations from last 3 months:

Review M3 evaluations from the last 3 months:

Review of goals from last SAR:

Discussion Items for Spring QAR meeting:

- How are your patient visit numbers?
- Are you logging procedures in MedHub?
- What two electives are you planning for R2? _____
- When will you take vacation in R2 year?
 - You can take 3 weeks total.
 - Vacation-able months include MSKI and GYN (can take five work days off during each) and electives. You can also take long weekends during the PTF month.
- You should plan to take Step 3 in the first half of R2; cost is \$850 in 2018. You need to schedule it during the first half of your R2 year.
- Are you interested in the OB track? Yes No Maybe
- Do you plan to attend any conferences during residency? (You can use up to \$1500 during residency to attend conferences where you present and \$200/year for books, subscriptions, or prep courses).
- Do you have/need a mentor?
- Thinking ahead, are you interested in getting involved in residency leadership, committees, other groups, or applying to be a Chief?
- Wellness:
 - Are you experiencing any challenges?
 - What are you doing for wellness?

Any additional comments or notes:

Advisor signature (*typed name is fine*)

Date

**Quarterly Advisor Review (QAR) Meeting
PGY2 Residents**

Resident: _____

Date of meeting: _____

Advisor: _____

Fall QAR Meeting (~September-October)

Spring QAR Meeting (~March-April)

Note: You will also meet after each CCC for the Semi-Annual Review; approximately December/January and May/June.

Review of rotation evaluations from last 3 months:

Review of M3 evaluations from the last 3 months:

Review of goals from last SAR:

Discussion Items

Big Picture and Leadership:

- How are you managing the additional responsibilities for teaching and leading teams that come with the second year?
- Are you interested in getting involved in residency leadership, committees, other groups, or applying to be a Chief?
- Do you have/need a mentor?
- Wellness:
- How are you faring within the program? Do you have concerns that need to be addressed?
 - What are you doing for wellness?
- What are your plans post-residency?
- Are you interested in pursuing a Fellowship? _____
- If you plan to go into practice, what types of practice and scope of practice are you considering?
Are you trying to choose electives to support these goals?

Schedule and Numbers:

- Are you on track for having 1850 patient visits by graduation?
- Are you interested in the Advanced Maternity Care Concentration ("OB track")? Yes No Maybe
- Have you planned your vacation for R2 (3 weeks total)?
- Vacation-able months include MSKI and GYN (can take five work days off during each) and electives. You can also take long weekends during the PTF month.
- Have you started planning your R3 year?
- Vacation-able months: Geriatrics and Dermatology (one week each) and electives. You are allowed to take long weekends during PTL.
 - If planning on applying for a fellowship, consider interviewing during lighter months: October through December.
 - ABFM certification exam is in April. Therefore, International rotations are not a good choice this month because the exam is not available in every country.
- What electives are you planning for R3? _____

Finances and Tests:

- Have you completed Step 3? (The two-day exam must be completed during the first half of R2; cost is \$850 in 2018).
- Do you plan to use any residency funds for books, subscriptions, or prep courses (\$200 max)?
- Are you budgeting for the cost of board certification? (Board prep ~\$2000; Boards \$1300; DEA \$800)

Any additional comments or notes:

Please return to Chloe or Shontelle. An electronic signature (even typing your name) is acceptable.

Advisor signature (typed name is fine)

Date

**Quarterly Advisor Review (QAR) Meeting
PGY3 Residents**

Resident: _____

Date of meeting: _____

Advisor: _____

Fall QAR Meeting (~September-October)

Spring QAR Meeting (~March-April)

Note: You will also meet after each CCC for the Semi-Annual Review; approximately December/January and May/June.

Review of rotation evaluations from last 3 months:

Review of M3 evaluations from the last 3 months:

Review of goals from last SAR:

Discussion Items

Big Picture:

What are your plans post-residency? How can I support you in interviewing for fellowships or jobs, reviewing contracts, and making decisions?

Do you have any training gaps you still need support filling?

Do you have/need a mentor?

Wellness:

- How are you faring within the program? Do you have concerns you feel are not being addressed adequately?
- What are you doing for wellness?

Schedule and Numbers:

Are you on track for having 1850 patient visits by graduation?

If you're in the OB track, do you need support to fulfill requirements? Yes No NA

Have you planned your vacation for R3 year?

- Vacation-able months: Geriatrics and Dermatology (one week each) and electives. You are allowed to take long weekends during PTL.

Have you planned your electives?

Finances and Tests:

Do you plan to use any residency funds for books, subscriptions, or prep courses (\$200 max)?

Will you present at any conferences?

Are you budgeting for the cost of board certification? (Board prep approx. \$2000; Boards \$1300; DEA \$800).

Any additional comments or notes:

Advisor signature (typed name is OK)

Date